


INSTRUCTIONS FOR TRAVEL QUESTIONS


- Within the last 10 days, have you returned to New York from a state, other than Connecticut, New Jersey, Massachusetts, Pennsylvania or Vermont? (Updated 11/4/20)
- Within the last 10 days, have you traveled internationally?

IF ANSWER IS YES:




**NOT
CLEARED
TO ENTER**

due to **NYS required
10-day self-quarantine**






**CLEARED
TO ENTER**

with **“Test Out” Option
and Attestation Form**



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NYS “Test Out” Option

OUT-OF-STATE	+3 Days	 Test #1 	Negative diagnostic test dated up to 3 days prior to returning.
	+2 Days		
	+1 Day		
DAY OF RETURN TO NEW YORK			
IN-STATE	+1 Day	 Test #2	Negative diagnostic test dated after 3-day quarantine period.
	+2 Days		
	+3 Days		
	+4 Days		

All travelers entering New York from a state that is not a contiguous state, or from a CDC Level 2 or 3 Travel Health Notice country, shall quarantine for a period of 10 days, consistent with Department of Health regulations for quarantine, **unless**:

1. For travelers who traveled outside of New York for more than 24 hours, such travelers must obtain testing within 72 hours prior to arrival in New York, **AND**
2. Such travelers must, upon arrival in New York, quarantine according to Department of Health guidelines, for a minimum of three days, measured from time of arrival, and on day 4 may seek a diagnostic test to exit quarantine.

For travelers that meet the criteria above, the traveler may exit quarantine upon receipt of the second negative test result.

NOTES

- PCR or Saliva (Quick Test) is allowed; no antigen tests will be accepted.
- Without the two test results, NYS requires 10-day self-quarantine.
- 24-hour visits out of the adjacent states doesn't require a test; but you have to fill out the travel advisory form.