

THE FIELD HOUSE SUMMER SCHEDULE 2019		JULY 4-week/5-week Session • June 26 – July 31, 2019				AUGUST 4-week/5-week Session • August 1 – 29, 2019				SATURDAYS 9-week Session June 29 – Aug. 24, 2019
(12mos.-5yrs.) Little Athletes Classes		MON (5-week Session)	TUE (5-week Session)	WED (5-week Session)	THU (4-week Session)	MON (4-week Session)	TUE (4-week Session)	WED (4-week Session)	THU (5-week Session)	SATURDAY
Tiny Tots (12-23 mos.)	50 mins.			4:15pm	4:15pm			4:15pm	4:15pm	9am, 10am
Tumblin' Tots (24-40 mos.)	50 mins.		4:15pm	4:15pm 5:15pm	4:15pm		4:15pm	4:15pm 5:15pm	4:15pm	9am, 10am, 11am
Acro-Kats (3 yrs.)	50 mins.		4:15pm 5:15pm	4:15pm	4:15pm		4:15pm 5:15pm	4:15pm	4:15pm	9am, 10am, 11am
Gym-Tigers (4-5 yrs.)	50 mins.		4:15pm 5:15pm	4:15pm	4:15pm		4:15pm 5:15pm	4:15pm	4:15pm	9am, 10am, 11am
Future Stars (3.5-4.5 yrs.) Invite Only	75 mins.			4:15pm				4:15pm		
Soccer: Tikes (2-3 yrs.)	60 mins.	4:15pm	4:15pm			4:15pm	4:15pm			9am
Soccer: Spikes (3-5 yrs.)	60 mins.		4:15pm		4:15pm		4:15pm		4:15pm	10am, 11am
Little Dribblers Basketball (3-5 yrs.)	60 mins.	4:15pm				4:15pm				
Micro-Sports (3-5 yrs.)	60 mins.	4:15pm		4:15pm		4:15pm		4:15pm		
Tee-Ball (3-5 yrs.)	60 mins.				4:15pm				4:15pm	
(5 yrs. & up) Sports Developmental Classes		MON	TUE (5-week Session)	WED (5-week Session)	THU (4-week Session)	MON	TUE (4-week Session)	WED (4-week Session)	THU (5-week Session)	SATURDAY
Basketball (6-9 yrs.)	60 mins.		4:15pm				4:15pm			
Girl's Gymnastics (5-6 yrs.)	75 mins.		4:15pm	4:15pm 5:15pm	4:15pm		4:15pm	4:15pm 5:15pm	4:15pm	9:30am, 10:45am
Girl's Beg/Int Gymnastics (7-10 yrs.)	75 mins.		4:15pm	4:15pm	4:15pm		4:15pm	4:15pm	4:15pm	9:30am, 10:45am
Girl's Beg/Int Gymnastics (11-16 yrs.)	90 mins.		5:30pm							11am
Girl's Adv/Exp Gymnastics (7-10 & 11-16 yrs.)	90 mins.		4:15pm (7-10 yrs.)		4:15pm (7-10 yrs.) 5:30pm (11-16 yrs.)		4:15pm (7-10 yrs.)		4:15pm (7-10 yrs.)	9:30am (7-10 yrs.)
Girl's Hot Shots (4-5 yrs.) Invite Only	90 mins.		4:15pm		4:15pm		4:15pm		4:15pm	
Boy's Gymnastics (5-7 yrs.)	75 mins.		4:15pm	4:15pm			4:15pm	4:15pm		9:30am
Boy's Gymnastics (8-12 yrs.)	75 mins.				4:15pm				4:15pm	10:45am
Gymjitsu (5-8 yrs.)	75 mins.				4:15pm				4:15pm	
Soccer: Playing Stars (5-6 yrs.)	90 mins.			4:15pm				4:15pm		
Soccer: Playing Stars (7-8 yrs.)	90 mins.			4:15pm				4:15pm		
Stunts & Skills (9-16 yrs.)	90 mins.				5:30pm				5:30pm	
Little Aces Tennis (5-6 yrs.)	60 mins.				4:15pm				4:15pm	

SESSIONS	50/60-min. Classes	75-min. Classes	90-min. Classes
4-week Session	\$155	\$180	\$205
5-week Session	\$190	\$225	\$255
9-week Saturday Session	\$335	\$400	\$430

### THREE WAYS TO REGISTER

 **ONLINE**  
chelseapiers.com/fh

 **BY PHONE**  
212.336.6520

 **IN PERSON**  
at the Registration Desk

## SUMMER CLASSES JUNE - AUGUST 2019

BASKETBALL

GYMJITSU

GYMNASTICS

MULTI-SPORT

ROCK CLIMBING

SOCCER

STUNTS & SKILLS

TEE-BALL

TENNIS

# SUMMER

THE FIELD HOUSE  
**CHELSEA PIERS**  
NEW YORK  
EST.  1995

212.336.6520  
chelseapiers.com/fh

## SUMMER SESSIONS

To provide maximum flexibility during the summer, we offer 4 and 5-week sessions throughout July and August and one 9-week Saturday session. We strongly suggest that students enroll in at least 2 sessions (either 2 classes per week in July or August or 1 class per week for both July & August Sessions). Children are placed in classes based on age as of the first class.

SESSIONS	CLASSES	DATES
<b>July 5 weeks</b>	Monday	July 1, 8, 15, 22, 29
	Tuesday	July 2, 9, 16, 23, 30
	Wednesday	June 26, July 10, 17, 24, 31
<b>July 4 weeks</b>	Thursday	June 27, July 11, 18, 25
<b>August 4 weeks</b>	Monday	August 5, 12, 19, 26
	Tuesday	August 6, 13, 20, 27
	Wednesday	August 7, 14, 21, 28
<b>August 5 weeks</b>	Thursday	August 1, 8, 15, 22, 29
<b>Saturday 9 weeks</b>	Saturday	June 29, July 6, 13, 20, 27 August 3, 10, 17, 24

COST	50/60-min. Classes	75-min. Classes	90-min. Classes
4-week Session	\$155	\$180	\$205
5-week Session	\$190	\$225	\$255
9-week Saturday Session	\$335	\$400	\$430

### CANCELLATION/REFUND POLICY

There is a \$45 non-refundable registration fee/deposit included in the cost of all summer youth classes at the Field House. Refunds, not including the registration fee, will be granted up to two weeks before each session begins. **No refunds or letters of credits will be offered during the summer sessions.**

### CLASS MAKE-UP POLICY

During the summer sessions, no make-up classes are offered.

### HOW TO REGISTER

To register, please call 212.336.6520, visit the Field House Youth Registration Office or enroll online at [chelseapiers.com/fh](http://chelseapiers.com/fh).

## LITTLE ATHLETES CLASSES

AGES: 12 MONTHS – 5 YEARS

### Tiny Tots (12 - 23 months) *Caregiver participation required.*

Age-appropriate activities provide a fun-filled outlet to enjoy physical exploration within our world-class Gymnastics facility. Toddlers must be walking to join class.

### Tumblin' Tots (24 - 40 months) *Caregiver participation required.*

An active environment and consistent class routine allow your child to develop a sense of athletic achievement, self-esteem and social skills. Classes take place in our world-class Gymnastics facility.

### Acro-Kats (3 years) <sup>Ⓢ</sup>

This class takes place in our world-class Gymnastics facility, with focus on the key components of coordination and balance. Children enter the gym with their class, while caregivers may watch from the mezzanine.

### Gym-Tigers (4 - 5 years) <sup>Ⓢ</sup>

Preschoolers continue with the structure of our Little Athletes program, building on their gymnastics skills and confidence.

### Future Stars (3.5 - 4.5 years) Invite Only <sup>Ⓢ</sup>

Designed for children with previous gymnastics experience who have demonstrated talent and desire to continue at a more challenging level. Children are selected and evaluated for placement by Chelsea Piers' senior coaching staff.

### Soccer – TIKES (2 - 3 years) & SPIKES (3 - 5 years) <sup>Ⓢ</sup>

In our TIKES class, toddlers are introduced to the game of soccer and given the tools and experience to separate from their parents (caregiver participation required for TIKES class). Our SPIKES class is a fast-paced separation class designed to improve muscle coordination and familiarize children with the fundamentals of soccer.

### Little Dribblers Basketball (3 - 5 years) <sup>Ⓢ</sup>

In this preschool level introduction to the game of basketball, children learn the basic skills of passing, dribbling and shooting. Classes include a variety of games and activities that will enhance muscle coordination and strength.

### Micro-Sports (3 - 5 years) <sup>Ⓢ</sup>

Micro-Sports is designed to introduce preschoolers to a variety of sports. Teaching focuses on movement, teamwork, sportsmanship and muscle coordination. Sports include soccer, rock climbing, tee-ball, basketball and field games.

### Tee Ball (3 - 5 years) <sup>Ⓢ</sup>

Tee Ball offers an ideal introduction to baseball and softball. Children learn the basic rules of the game and develop the primary skills of hitting, running, fielding and throwing all in a fun, dynamic environment.

<sup>Ⓢ</sup> = Separation class, children must be potty-trained.

## SPORTS DEVELOPMENTAL CLASSES

AGES: 5 – 16 YEARS

### Girl's & Boy's Gymnastics (5 years & up)

Gymnastics classes are geared towards skill development and fitness for girls and boys. Children are organized in groups according to gender, age and ability. Our world-class staff guides your child's progress as they participate in all of the Olympic gymnastics events. Classes are designed for beginners through advanced levels. A low student/teacher ratio ensures personal attention and maximizes safety.

### Gymjitsu (5 - 8 years)

Gymjitsu incorporates the strength and coordination of gymnastics with the speed and concentration of martial arts. Class includes basic tumbling, trampoline and introductory defensive/offensive maneuvers of the martial arts.

### Stunts & Skills (9 - 16 years)

This high-intensity class combines tumbling, trampoline, parkour, free running, stunting and tricking. This class is ideal for children who desire fun and exciting physical challenges. Stuntmen and gymnastics experts teach students. Snowboarders, cyclists and in-line skaters are welcome.

### Basketball (6 - 9 years)

This class teaches the fundamentals of the game, including dribbling, shooting, passing and defense. Instructors emphasize the concept of teamwork and sportsmanship in all lessons.

### Soccer – PLAYING STARS (5 - 8 years)

Playing Stars is a youth soccer program emphasizing individual skill development, sportsmanship and team tactics. Students learn the proper technique for passing, dribbling, shooting, heading and goal keeping. Full and half-field games are played throughout the summer to provide match experience.

### Little Aces Tennis (5 - 6 years)

This exciting tennis class is for children ages 5 - 6 looking to become the next Roger Federer or Serena Williams. Players learn basic tennis skills while developing proper technique and simple tactics. Classes are held on our basketball courts and utilize our new tennis nets, rackets and balls.

### REGISTRATION FOR FALL BEGINS JUNE 3. DON'T WAIT TO SIGN UP!

To register, please call 212.336.6520, visit the Field House Youth Registration Office or enroll online at [chelseapiers.com/fh](http://chelseapiers.com/fh).

## ALSO AT THE FIELD HOUSE

JUNE 17 - AUGUST 30, 2019

## CHELSEA PIERS SUMMER SPORTS CAMPS

Ages 3-17 • 16 Camps To Choose From  
World-class Coaches • Lunch Provided  
Transportation & After Care Available

**EASY ONLINE ENROLLMENT!**

For more information, call 212.336.6846 or visit [chelseapiers.com/camps](http://chelseapiers.com/camps).

## BUDDY & ME CAMP

For children 17 – 36 months and a caregiver. Camp runs weekdays from 10:15 – 11:45am. Children participate in gymnastics, rock climbing, arts & crafts and more! Purchase a pack of classes and choose the days that work for you.

5 classes	\$240	<b>Class-packs can be purchased at the Youth Registration Office.</b>
10 classes	\$415	
15 classes	\$530	
20 classes	\$635	

## DROP-IN SUMMER FUN

**Rock-N-Rolls** (5-16 years • June 24 - August 30, 2019)

**Mon. - Fri.:** 4:00pm • **Saturdays:** 12:30pm  
Enjoy gymnastics and rock climbing during this 90-minute drop-in class. Please call 212.336.6500, ext. 0 to reserve a spot. Cost: \$32

### Open Soccer and Basketball

Times vary, please call the front desk for availability at 212.336.6500 ext. 0.

### Batting Cages (Subject to availability)

**Mon. - Fri.:** After 4:30pm • **Weekends:** 9:00am-9:00pm

### Teen Parkour (12 - 16 years • Pre-registration Required)

**Sundays:** 6:00pm-7:30pm  
This exciting drop-in class offers teens expert instruction in the movements of parkour, including running, jumping, climbing and other acrobatic movements. Utilizing our spring floors and foam safety pits, instructors create unique challenges throughout the gymnastics facility. Please call 212.336.6500, ext. 0 to reserve a spot. Cost: \$32

### Toddler Gym (6 months – 4 years)

Children participate with a caregiver in an "open play" environment. State-of-the-art equipment provides the perfect climate-controlled environment for exploration, learning, adventure and fun.

Mon. - Thur.	Friday*	Saturday*	Sunday*
9:30am-12pm	9:30am-12pm	9am-12pm	9am-12pm
1pm-5pm	1pm-5pm	1pm-5pm	1pm-5pm

\*Weekend hours are subject to availability. Please call to confirm.

COSTS	1 session	5 sessions	Unlimited Monthly
	\$12	\$50	\$150